



**Presentation Titles by Dr. Barbara O'Neill, CFP®, AFC®**

<https://www.moneytalkbmo.com/>

- Annuities 101: The Basics-** Describes key features of annuities as a tax-deferred source of guaranteed lifetime income
- Beyond Legal Documents: 12 Financial Planning Strategies For a “Good Ending”-** Covers end-of-life planning issues
- Do You Need a Financial Advisor or Robo-Advisor?-** Discusses criteria to use and questions to ask about advisory services
- 15 Financial Transitions in Later Life-** Discusses topics such as switching from saving to spending, downsizing, and RMDs
- Financial Aspects of Unretirement-** Discusses implications (e.g., taxes) of returning to the labor force after being away
- Flipping a Switch-** Provides an overview of 35 financial, social, and lifestyle transitions in later life (based on my book)
- Fundamentals of Mutual Funds and Exchange-Traded Funds-** Discusses characteristics of these two investment types
- Give Yourself A Financial Check-Up: 25 Ways to Measure Financial Health-** Describes 25 check-up metrics and tools
- How to Inventory and Protect Your Digital Assets-** Provides an overview of digital asset types and ways to save key data
- How to Protect Yourself in Today’s Scary Economic Climate-** Discusses specific ways to maintain financial control
- Income Tax Issues for Older Adults-** Focuses on tax laws and tax planning strategies that apply to older adults
- Inflation-Fighting Strategies for Older Adults-** Describes specific strategies to cope with a loss of purchasing power
- Investment Basics-** Describes investment terminology and risks and specific types of investments
- Managing Your Digital (and Paper) Financial Life-** Includes online bill paying, digital assets, e-filing taxes, and more
- Money After 70-** Discusses key financial issues and challenges that arise when people reach their 70s
- Money Talk: What Women Need to Know About Money-** Discusses personal finance topics using a female “lens”
- Personal Finance Video Debriefs-** A viewing of several videos on financial topics followed by group discussion of each
- Preparing Financially for Widowhood and After-** Discusses financial and life planning issues for widowed adults
- Retirement Risks and How to Avoid Them-** Discusses key risks in later life (e.g., longevity and sequence of returns)
- Tax-Deferred Retirement Savings Plans in Later Life-** Describes laws, decisions, and actions for accumulated assets
- Tax Smart Ways to Donate to Charities-** Describes tax-advantaged gifting strategies, e.g., bunching, DAFs, and QCDs
- The ABCs of CCRCs-** Provides a “deep dive” into continuing care retirement communities as a later life housing option
- The ABCs of RMDs-** Provides a detailed summary of laws and planning strategies related to required minimum distributions
- 35 Useful Personal Finance Web Sites-** Discusses the content and value of a wide variety of financial websites
- 25 Financial Planning Strategies for Older Adults-** Describes each of 25 planning strategies and their potential value
- 25 Ways to “Spring Clean” Your Finances-** Discusses personal finance strategies to perform annually or as needed
- What’s New in Personal Finance: [YEAR] Edition-** Recaps key financial events and trends from each calendar year
- What Older Adults Need to Know About Money-** Discusses essential “need to knows” about six key financial topics
- What’s On Your Mind?-** A series of brief updates on personal finance topics followed by open Q&A time on each topic
- Working Past 65? Financial Planning Considerations-** Explores financial benefits and pitfalls of retiring later in life
- Year-End Tax-Saving Strategies-** Describes over a dozen ways to reduce income taxes before the end of each tax year